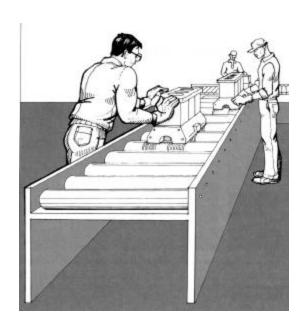
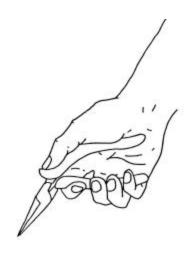
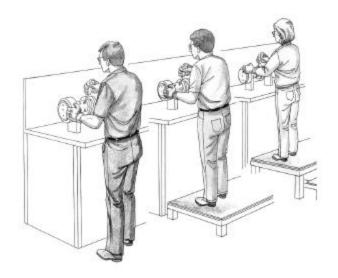
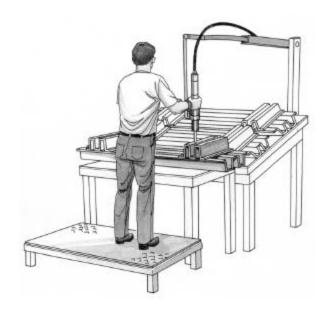
Concise Explanatory Statement (RCW 34.05.325.6a)

Appendices











Illustrations from *Ergonomic Checkpoints* by the International Labour Organization (ILO), and *Practical Ergonomics* by the UAW-GM Ergonomics Task Force

APPENDIX A:

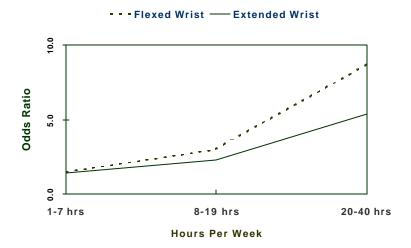
INDUSTRY RANKS FOR NECK, BACK AND UPPER EXTREMITY WMSDS, STATE FUND AND SELF-INSURED EMPLOYERS, COMPENSABLE CLAIMS 1990-1998, THREE DIGIT SIC

Rank	Industries Ranked by	Industries Ranked by	Industries Ranked by
	Claims Rate	Numbers of Claims	Prevention Index
1	Masonry, Stonework, Tile	Grocery Stores (541)	Trucking and Courier Services,
	Setting and Plastering (174)		Except Air (421)
2	Roofing, Siding and Sheet Metal	Hospitals (806)	Nursing and Personal Care
	Work (176)		Facilities (805)
3	Nursing and Personal Care Facilities (805)	Aircraft and Parts (372)	Masonry, Stonework, Tile Setting and Plastering (174)
4	Trucking and Courier Services, Except Air (421)	Trucking and Courier Services, Except Air (421)	Air Transportation, Scheduled, and Air Courier Services (451)
5	Concrete Work (177)	Eating and Drinking Places (581)	General Building Contractors – Residential Buildings (152)
6	Air Transportation, Scheduled, and Air Courier Services (451)	Nursing and Personal Care Facilities (805)	Roofing, Siding, And Sheet Metal Work (176)
7	Footwear except Rubber (314)	Elementary and Secondary Schools (821)	Carpentry and Floor Work (175)
8	Administration of Veterans'	General Building Contractors –	Residential Care (836)
	Affairs, Except Health and Insurance (945)	Residential Buildings (152)	
9	Rolling, Drawing and Extruding of Nonferrous Metals (335)	Personnel Supply Services (736)	Grocery Stores (541)
10	Intercity and Rural Bus	Groceries and Related Products	Concrete Work (177)
	Transportation (413)	(514)	
11	Local and Suburban Passenger	Air Transportation, Scheduled,	Landscape and Horticultural
	Transportation (411)	and Air Courier Services (451)	Services (078)
12	Carpentry and Floor Work (175)	Executive Offices (911)	Sawmills and Planing Mills (242)
13	Wood Containers (244)	Masonry, Stonework, Tile Setting and Plastering (174)	Services to Dwellings and Other Buildings (734)
14	Cut Stone and Stone Products	Plumbing, Heating and Air-	Rolling, Drawing and Extruding
	(328)	conditioning (171)	of Nonferrous Metals (335)
15	Landscape and Horticultural Services (078)	Legislative Bodies (912)	Variety Stores (533)
16	Converted Paper and	Misc. Special Trade Contractors	Misc. Special Trade Contractors
	Paperboards Products, Except	(179)	(179)
	Containers (267)		
17	Dairy Products (202)	Hotels and Motels (701)	Hospitals (806)
18	Reupholstery and Furniture	Millwork, veneer, plywood and	Local and Suburban Passenger
	Repair (764)	Structural Wood (243)	Transportation (411)
19	Water Well Drilling (178)	Services to Dwellings and Other	Heavy Construction except
20	D 11 11 G (026)	Buildings (734)	Highway and Street (162)
20	Residential Care (836)	Residential Care (836)	Rooming and Boarding Houses

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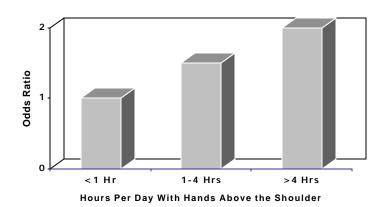
APPENDIX B: FIGURES ILLUSTRATING RELATIONSHIPS BETWEEN EXPOSURE AND WMSDS

Relationship Between Awkward Posture and Carpal Tunnel Syndrome



Dekrom et. al., 1990

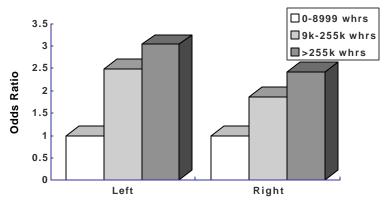
Relationship Between Awkward Posture and Shoulder Disorders



Holmstrom, 1992

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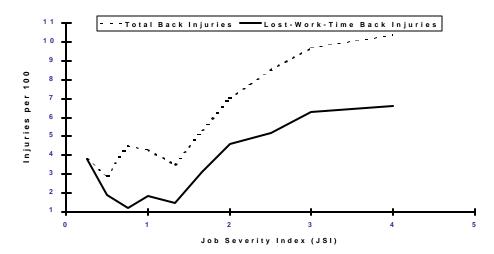
Relationship Between Vibration and Shoulder Tendinitis



Cumulative Exposure, Energy Weighted Hours

Stenlund et al 1993 (b)

Relationship Between Job Severity Index and Back WMSDs

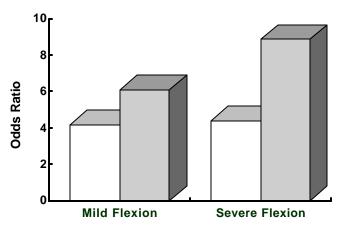


Liles,1984

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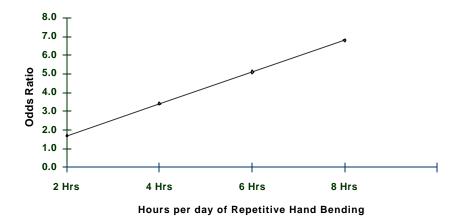
Relationship Between Exposure Duration & Intensity and Back WMSDs





Punnett et al, 1991

Relationship Between Repetitive Motion and Carpal Tunnel Syndrome*

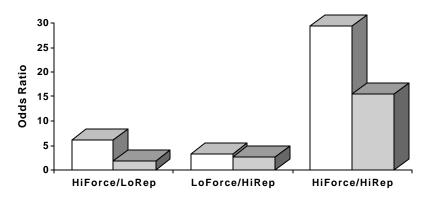


*Self reported CTS NHIS-OHS 1988, Blanc et al, 1996

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Relationship Between Forceful & Repetitive Motion and WMSDs of the Hand & Wrist

☐ Tendinitis ☐ Carpal Tunnel Syndrome



Silverstein et al. 1986,1987 Armstrong 1987

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